





GUERLAIN

ALMIO EL

AVEDA

osemary mint

Fresh Heaven

Ermenegildo Zegna Acqua di Bergamotto

"Fragrances such as this one in the citrus family combine best with similarly zesty products," says Jaye. "Look for sweeter citric notes like bergamot or mandarin."

a) Abahna Shower Gel

With mandarin and Sicilian bergamot, this gives your skin a citrus foundation from which to build your scent combo.

b) Guerlain Shampoo

Acqua di Bergamotto contains hints of the Indian grass vetiver. Combine with Guerlain's vetiver shampoo to accentuate those spicy tobacco notes.

c) Jack Black Natural Deodorant

The fresh grapefruit aroma of this Cool CTRL deodorant adds sharp top notes to your smooth, citrus blend.

Herbal Remedies

Acqua di Parma Colonia Club

"This sophisticated scent is in the fougeré family, which basically means lavender-based," says Jaye. "It also contains mint, so combine with similar scents to avoid unseemly aroma-clash."

a) Aveda Hand and Body Wash

A zingy peppermint wash like this will echo your fragrance perfectly, while the rosemary blends well with the lavender

b) Paul Mitchell Shampoo

The Colonia Club's mint aroma can take a while to materialise, but layered over this peppy lavender and mint shampoo it will kickstart into action.

c) Neal's Yard Deodorant

ACQUA PARMA

This lavender and aloe vera deodorant is aluminium-free, so it'll keep you fresh and dry without blocking your pores, while adding more floral notes so that the mint doesn't dominate.

